

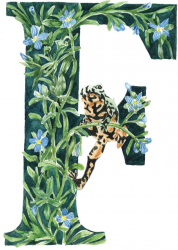
# Biscuits, Biscuits & More Biscuits

**The Story and  
Biscuit Recipes  
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*The Story and Biscuit Recipes of Chef Grant*



Following his international success with '*Biscuits, Biscuits... Around the World in Eighty Trays*', Grant Amos (aka Chef Grant) has moved closer to home and pulled together some of his favourite *regional recipes from the UK* (including his own *Devon Flat*) to bring you '*... & More biscuits!*'

From the humble hob-nob, to the sassy shortbread, Grant has made it his business to become a connoisseur of the custard-cream; a dab-hand at the digestives; a genius with the ginger nuts; a maestro of the malted milk. When asked, he couldn't name his first biscuit (who could?), but mention the B word to him and his face lights up! Especially when chocolate is involved!!

*A recent study stated that the average UK family consumes around 103 packets of biscuits a year.*

Grant of course, is not your average biscuit consumer. He makes it his business to ensure that biscuits are at the forefront of everyone's agenda. So much so that when asked to make a celebrity appearance at an event for *National Biscuit Day (UK) on May 29<sup>th</sup>*, he obliged with his customary laugh – for Chef Grant, *EVERY day is biscuit day!*

As for that age-old question... "*To dunk or not to dunk?*" - there is a whole chapter on '*The Art of Dunking*'. For you've guessed it – Chef Grant is a champion dunker! And in many ways, this reflects his approach to life and the basis of his personal recipe for happiness and fulfilment. *Dive right in!*

In *Biscuits, Biscuits & More Biscuits!* the doors of the kitchen are flung wide and the story of Chef Grant's life is shared for the first time, alongside his beloved recipes.

We hear about Grant's upbringing in Barnstaple and his step-dad Jim, who among other things is trusted with making his packed lunches. And why home is a pet-free zone and dogs are to be avoided (could it be that they eat all the biscuits?). How his older brother Scott, made Grant's day by asking him to be best-man at his wedding and the fun Grant now has being an uncle; about the fabulous all-inclusive family holidays to Lanzarote and beyond which have Grant centre-stage - every waiter and waitress ensuring he gets all the drinks and biscuits he wants!

*“Coffee, milk and two sugars please.”*

And then we have the icing on the biscuit – the cream in the custard-cream, the chocolate on the top... his involvement with the wider community where he's known and well loved. *Life, for Chef Grant, like his biscuits – is made for sharing. Whether contributing to the community garden at Silver Hill Lodge with a watering can or two; getting creative with his ever-growing band of friends at Drama Club; taking to the saddle with Casper at Mullacott Stables; making waves at the Calvert Trust pool; sharing the moves at Dancercise (if you need a motivational role-model, Grant's your man!); rolling with his mates at Skittles down the pub on a Thursday or carrying-on with the Karaoke on a Friday (neighbours beware!)...*

In ***Biscuits, Biscuits & More Biscuits!***, you'll learn how for Grant Amos, the secret ingredient (whether you're talking biscuits *or* life) is, to *give everything you have, to everything you do*. With lashings of love. Dunk!

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Grant is currently collaborating on ***Biscuits, Biscuits... To The Moon And Back!*** Inspired by Astronaut Edwin (Buzz) Aldrin who ate the first biscuit on the moon in 1969 – a Bourbon.

***Biscuits, Biscuits... To The Moon And Back!*** looks at the humble biscuit and it's place in history. Now that sounds like a dunkin' good read!!!